



**Hope Wisdom Freedom**

### **Quotes from school staff**

You have truly made such an impact on our young people and I cannot rave enough about the power that the Emotional Logic sessions have. Those young people feel valued and also more able to then tap into strategies to help them in life/school/home. I thank you so much for your input and work, it's been great working with you and I look forward to it continuing next year.

**Gemma Parker, Designated Safeguarding Lead and Director of Student Support, Callington College**

The Emotional Logic training, support and instructors are phenomenal. The knowledge and skills I have gained from them have enabled me to help both children and adults make massive improvements along their emotional journeys, to understand what they are experiencing, and to find their own light at the end of the tunnel.

**Nathan White, SENDCo and EYFS Lead, Mayflower Community Academy**

Emotional Logic has had an immediate and positive impact on the children's relationships, self-esteem and learning. We see it as an essential tool – not just for the present, but for life.

**Lyn Chamberlain, Headteacher, Wembury Primary School**

Staff and children have found these sessions incredibly useful. It has been invaluable for staff to see it presented in a fun and engaging manner. The staff have come away feeling that they have a deeper understanding of how to use emotional logic and better equipped with the language. They left the first session asking to be included in the second! Christiaan presents in such an engaging way; the staff and children are entirely focused on the learning – fabulous! Thank you Christiaan and we look forward to seeing you at Woodford again in the very near future.

**Jude Ives, PSHE Lead, Woodford Primary School**

I can see the difference in the pupils that I have been working with after only a few sessions.

**Simon Robilliard, SENDCo, Pilton College**

Since taking part in my own EL training, I have been able to regulate myself quicker when I experience turbulence with my emotions. This has led to greater stability and calmness in my own life. I have explained the stepping stone cards and the basic principles to my own family which has led to a greater understanding of what emotions we feel and that every emotion has its own useful purpose.

**Jasper Freestone, Isca Academy, Exeter**

I trained as an Emotional Logic Facilitator initially to support the students in the school that I work. Having that deep understanding of what loss is and how we can rationalise it through understanding and identifying our emotions has however helped me support my family, friends and myself personally since training.

2020 has been a difficult year both personally and professionally due to the pressures of Covid however, I have been able to use emotional logic to remain in work, keep a full cohort of staff in school and support them to understand their emotions particularly seeking acceptance of a situation and the need to adapt towards their new normal. Emotional logic has been pertinent in this.

**Becky Edwards, Deputy Headteacher, Devonport High School for Boys**

Students who have had 1-2-1 sessions with me have told their friends about it and friends are interested in sessions as well. One student I worked with is now very keen to work with other students to support them in the use of emotional logic.

**SENDCo, Great Torrington School**

Anonymous quotes below have been given via our online surveys or feedback forms.

Both the school staff and the pupil's mother have commented on the positive impact this training has had on him. **There have been no further exclusions since he started these sessions.**

**Primary School SENDCo**

Thank you so much. The staff have been so enthusiastic and I have heard of some lovely examples of the cards being used in real life situations over the last week. Your delivery and style really captured the staff and children. It is such a powerful tool kit to share with children and at this point in their lives, it seems the perfect moment.

**Deputy Head Teacher**

What used to keep me awake in bed at night for a week is now dealt with in a day or two, and my family say I'm easier to live with.

**Headteacher, Devon**

I have managed to reduce the stress levels in my personal life by applying the principles of EL to myself and my family, in particular working with my daughter who found it hugely beneficial to use the cards to explain how she was feeling when it was swirling around inside.

**Teacher A, Okehampton College**

The pupil is much happier coming into school now with very few incidents of refusal.' Her teacher said, 'I am delighted that the pupil was able to show me how to use the Stepping Stone cards and that she now sees me (her teacher) as a safe person who she wants to work more closely with.'

**Deputy Head talking about a pupil who previously refused to attend school**

I can't believe he was able to open up about what happened, this really works with building relationships and getting them to articulate what they are going through.

**Teacher B, Okehampton College**

Just wanted to drop you a quick email to thank you for your hard work with the boys and the two classes. The change in them is just magic to see, and this is all down to you! Thank you.

**Primary School SENDCo**

The pupil is much more confident in coming into school and has joined in classroom activities more. Mum reports that the transition into school is much smoother and less emotional.

**Primary School SENDCo**